



**PEDAL POWER ACT INCORPORATED (ABN 98 440 716 832)
ANNUAL REPORT 2009**

2nd Floor, Griffin Centre, Canberra City
GPO Box 581 Canberra City ACT 2601

Phone: (02) 62487995
Fax: (02) 62487774
Web: www.pedalpower.org.au

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THE ORGANISATION

Pedal Power ACT Inc. (hereafter referred to as Pedal Power) is a not-for-profit organisation founded in 1974 to act as a rallying point for people who ride bicycles in the Australian Capital Territory and Queanbeyan regions. It promotes the activity of cycling, and represents the interests of people who ride bicycles in Canberra.

Pedal Power is an incorporated association managed by a Council, comprised of volunteers elected at the Annual General Meeting. Pedal Power employs an Executive Office and Office Manager on a part-time basis to run its affairs - under the direction of the Council. The organisation relies heavily on volunteers who plan and run rides, advocate for cycling causes, organise events and other activities and undertake various administrative tasks. Pedal Power's finances come from membership fees, donations, income from events, event sponsorship, and grants from the ACT Government through Sport and Recreation Services and the Health Promotion & Grants Unit of the Dept of Health.

2009 COUNCIL

Council Members who comprise an Executive		Other Council Members
President	John Widdup	Rod Driver
Vice-President	Jeff Ibbotson	Phil Price
Vice President	Leon Arundell*	Chris Mann
Treasurer	David Whisker	Ralph Lattimore
Secretary	Richard Bush	Jonathan Gowland** Carol Taylor**

* Leon Arundell resigned from Council in November and was not replaced

** Carol Taylor resigned from Council in August and was replaced by Johnathan Gowland

MISSION

To get more Canberrans cycling more often for a better community

Five main programs used to address this mission are:

1. Membership and Member Services
2. Community Activities
3. Advocacy on Cycling Issues
4. Cycle Rides and Events
5. Organisation and Management

PRESIDENT'S REPORT

It is my pleasure, on behalf of the Pedal Power ACT Council, to present this Annual Report covering our activities and achievements during 2009, our thirty-fifth year.

Pedal Power aims to be the foremost cycling organisation in the ACT representing all people who ride bicycles and who wish to ride bikes.

This has been another successful year. We continued to make inroads into our primary goals and now have over 3,000 members, which is very pleasing. Our expanding membership helps us get our messages out into the community as well as giving us a more credible voice when talking about increasing public spending on cycling-related activities and infrastructure. The more members, the better service we can give and the more people there are for our all-important advocacy work. So thank you to all our new members who joined in 2009 and to those who chose to stay with us. There is strength in numbers, and we look forward to even more members in the coming years.

Anecdotal evidence of the numbers of people riding bicycles around the town, and our annual cordon count, demonstrate that there are more people riding. In addition, the bike racks on the ACTION buses are getting a lot of use. Therefore, the community is using motor vehicles less to the benefit of us all.

As in all organisations like ours, the progress made and the outcomes achieved are the result of the efforts, knowledge, competence, advice and dedication of many, many people - including over 200 members, plus friends, families and colleagues, who volunteered to do one or more tasks during the year. On behalf of all members, I thank you all - and you can see the results of their efforts detailed elsewhere in this report.

Our work on advancing the interests of all people who ride bicycles and improving the cycling infrastructure has been effective. This was primarily due to the tremendous effort of our Advocacy Team comprising our cycling advocate and the dedicated volunteer members. We have maintained (and even enhanced) our reputation with government as an effective and efficient representative of the cycling community.

Many of our activities succeed only with the generous support of those giving us grants and sponsorship - for which we are always grateful and whom we acknowledge elsewhere in this report. We have continued to benefit from operational funding from the ACT Government through Sport and Recreation Services and through the ACT Health Promotion Grants Program and thank them for their support. The Australian Government Department of Health and Ageing has provided significant financial support to our 'Revitalising Ride to Work' project. We have also continued our events' sponsors including Australian Ethical, The Tradies Group, Smith Cycles and Cycle City. As part of Fitz's Challenge, we formed new alliances with the Oncology Children's Foundation and the Audax Alpine Classic. We hope to continue, enhance and build our partnerships with government and private groups.

Pedal Power has endeavoured to provide members with the services they desire. Unfortunately, we cannot do everything due to limited resources both in financial and personnel terms. Consequently, we make choices. If there are issues members feel need more priority, we will give them due considerations and where practicable address them.

Pedal Power commenced its *Image Refresh* project in late 2009. This project aims to increase Pedal Power's presence and appeal across the widest possible range of bike riders in the ACT. Part of the *Image Refresh* will be examining the logo, updating the website and launching a new range of t-shirts and ride jerseys. Ultimately, Pedal Power will have a fresh, consistent, professional and appealing image with the aim of increasing our public presence and, in turn, our membership.

I take this opportunity to thank all who have assisted Pedal Power to have another successful year – Council members, volunteers, staff, grant givers, sponsors, associates and many others. Your efforts have resulted in benefits to members, the bike riding community and the community at large. Without your efforts, there would be no Pedal Power and the bike riding facilities and environment, and thus the community, would be poorer.

I thank my fellow Executive and Council members, and our Executive Officer (Hilary) and Office Manager (Emily) for their support and their time, energy and enthusiasm during the year.

Pedal Power ended 2009 in a solid financial position and in, terms of finances, staff, volunteers, programs and activities, is a good position to have another great year in 2010. Our work in encouraging more people to ride will result in a healthier and more sustainable Canberra community.

The rest of this annual report gives full details of our achievements in 2009.

John Widdup, President

VOLUNTEER RECOGNITION

Pedal Power has been promoting the activity of cycling in the ACT and surrounding region for 35 years. The organisation's success is due the hard work of both its paid staff and the large number of willing volunteers.

Pedal Power explicitly **recognised the following volunteers in the Canberra Cyclist during 2009:**

- John Smits (for helping manage the website rides calendar and the faster Sunday Wanderers);
- Mark Crawford (for being the custodian of Pedal Power's equipment and support for various events);
- Arunas Pilka (for providing vehicle support and trailer for the 2008 Tour de Snowy);
- Ray Bracewell (for IT support and editing the e-Bulletin);
- John Hinds (for managing the slower Sunday Wanderers and helping in the office); and
- Rebekah Giddings (for the design and production of printed material).

Pedal Power's **Special Annual Volunteer Awards winners for 2009** are:

- Volunteer of the Year: Terry George for managing the Advocacy Group responses to proposed capital works;
- Event of the Year: Doug Thompson and Silka Smaglinski for coordinating Pedal Power's maintenance courses;
- Leadership Award: Di and Paul Truebridge for leadership of the New Horizons programs and encouraging others to be involved;
- Service Awards: Gillian and Keith Hillar for managing and conducting the Information and Social Nights; and
- Volunteer Recognition Awards: Alasdair Sinclair for membership management, Chris Mann for weekends away and moon light rides, Richard Bomford for the production and distribution of the e-bulletin.

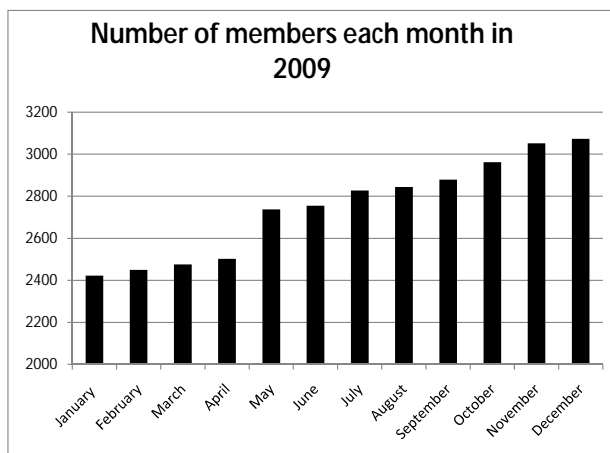
MEMBERSHIP & MEMBER SERVICES

Membership

Membership overview

Pedal Power membership was 3073 at year-end 2009. This is an increase of 650 members (or 26.8%) over the number of members at year-end 2008 (membership at year-end 2008 was 2423). The increase in members during 2009 is more than double the increase in 2008.

Our membership comprises 1007 individual members and 689 households (2066 individual people are in these household memberships).



Some interesting membership facts

- 33% of members are in individual memberships;
- 67% of members are in household memberships;

- Our longest serving members have been with Pedal Power for 35 years (ie, since our foundation year);
- 45% of our household memberships have two people in the household and 28% have four people; and
- The largest increase in members was in May 2009 when member numbers grew by 234, an increase of 9.3% - due to a targeted membership campaign.

Corporate Membership

During 2009, Pedal Power enjoyed the support of the following corporate members:

- Roads ACT
- The Canberra Southern Cross Club
- ACT Planning & Land Authority
- Onya Bike Warehouse
- Mr Spokes Bike Hire
- Barnett Lilley & Associates
- Road and Range Bike Gear
- Over the Moon Promotions
- Colquhoun Murphy Barristers & Solicitors
- ESC Technology

Canberra Cyclist

The *Canberra Cyclist* is Pedal Power's official magazine. It is an important and effective method of communicating with members and the community. It is a leader amongst similar publications produced by state cycling organizations.

The magazine is published bi-monthly and provides readers with a mix of articles relating to Pedal Power's activities, cycling, health and fitness, stories and reports by members' on their rides in the local area, around Australia and overseas. Regular columns include the President's editorial and the Advocacy Team's reports on their progress in 'getting more Canberrans cycling, more often, for a better community'. Each edition includes the ride and events calendar detailing forthcoming events, rides and activities to supplement the Pedal Power web-based events calendar. The *Canberra Cyclist* attracts some advertising from sponsors, companies and organisations promoting their products and services. Additionally, it has articles on and from sponsors.

Many volunteers are involved in the production and distribution of the *Canberra Cyclist*. These include writers; photographers; proofreaders; ride calendar compilers; the editor, distributors and many others. Julia Widdup was the magazine editor throughout the year and was responsible for the look and feel of the magazine, the story ideas, finding writers, writing stories and the magazine layout and production. Carol Taylor, Beatrice Barnett and John Widdup assisted with editing and proof reading. Alasdair Sinclair produced the mail out address sheets and arranged the 'mailing nights' (when the magazine is put into envelopes for mailing out) and the posting of the magazine - assisted by Paul Truebridge and Luke Wensing. A number of wonderful volunteers attended each mailing night, put the magazine into plastic bags with a mailing address sheet, and sometimes inserted flyers and similar items. Many volunteers were regulars who turned up to help on most occasions. Annemarie Driver and her faithful adopt-a-shop team members undertook the distribution of the *Canberra Cyclist* ride calendar to shops, libraries and organisations and arranged for the ride and events calendar to be displayed at most of those locations.

Canberra Cyclist print run has been steadily increasing and at the end of 2009 was over 1950 copies (when there were over 3000 members). The magazine goes to members, the broader community, politicians, government departments and selected cycling organisations with an estimated 4500 or more people reading each edition. About \$16 of the annual membership fee goes towards paying for production and distribution costs of the *Canberra Cyclist*.

Thanks go to all who have helped to make the *Canberra Cyclist* a successful voice for bicycle riding and bike riders in the Canberra community. Your efforts are highly valued by Pedal Power members

and the cycling community. To those businesses that have advertised and given their support throughout the year, we say thank you and hope you will continue to support us and encourage others to do likewise in the coming year.

Pedal Power Website

The Pedal Power website was again the mainstay of communication during 2009 with members and non-members making good use of the site. Statistics show that there were 48,600 unique visitors making 73,000 visits during 2009.

The Website Review Team met a few times in 2009 and made a report to Council on site improvements. As a first step to improve the site's ability to process event registrations, the Council decided to use "Clubs Online" to detail and manage entries for Fitz's Challenge. The Council was happy with the service provided and has decided to use that system for the Big Canberra Bike Ride and to migrate its membership system to 'Clubs Online' so that it can be managed via the website. As this report goes to print, the new system is under test and should be operational by about the end of April 2010. As with any system change, some glitches may happen. Training, for both paid staff and volunteers will be undertaken very soon. Pedal Power has liaised with Bicycle NSW about this change, as it has been using the system for about 12 months. Many major sports (Cricket Australia, Swimming Australia, AFL, NRL etc) in Australia are using Clubs Online.

The objective of the change in membership management is to reduce the amount of time it takes to process a membership. The task has been labour intensive for many years. With the membership growing rapidly, the amount of time invested in membership management has also increased. A significant member benefit from the new system is that members will be able to manage their own information via the website.

The new membership database allows us to offer additional services; for example, when a member registers for an event, with a username (member number) and password the member's data will fill automatically into the registration fields. The e-bulletin will make use of the membership database for distribution to members.

The Council will investigate further how a new look website will integrate best with the membership and events modules with Clubs Online, and members will see a gradual change in services.

E-bulletin

Pedal Power emails its e-bulletin fortnightly to members and others who subscribe to the mailing list via the Pedal Power website. The e-bulletin supplements information in the *Canberra Cyclist* magazine and the website by providing updates, the most recent information, notices of upcoming rides and events, calls to arms and late-breaking news.

In January 2009, there were 1494 members and this rose steadily through the year to 1755 in December 2009. Additionally, the e-bulletin was sent to approximately 1000 web subscribers (non-members) – that is a fairly constant number throughout the year with the highest being 1046 in September. Some recipients pass the e-bulletin to others. So overall, the e-bulletin is reaching around 3000 subscribers each fortnight.

During the year, the e-bulletin delivery system was changed so that it operated from the membership database software. This reduced the workload of volunteers and enabled a more personalised delivery format.

Richard Bush, Ray Bracewell and Richard Bomford volunteered their time to produce and dispatch the e-bulletin during 2009. All members and subscribers have them to thank for the regular receipt of information.

Bike Maintenance Courses

Doug Thompson coordinated the bike maintenance group during 2009 with a lot of assistance from Silka Smaglinski and with the office manager, Emily Blacker, efficiently fielding e-mail and phone bookings and payments.

The group ran eighteen maintenance courses for Pedal Power, plus a few extra for ANUGreen and the new suburb of Forde - which is promoting its eco-friendly credentials. The content for each course is advertised on the Pedal Power website,

The courses are conducted as: Beginners I; Beginners II; Intermediate; and advanced. The demand was good for the two beginner level courses and was a little less for the intermediate level course. The amount of bicycle data imparted at the intermediate level goes up exponentially compared with the beginner level. Because of the longer course and smaller class size, participants at the intermediate level get an excellent return in knowledge gained on their \$50 investment. Overall, around 30% of members make use of our maintenance courses.

Five new instructors joined the team during 2009 and ran their first courses in November with excellent feedback from participants. Thanks to the dazzling recording skills of Paul Magarey, we now have a complete "script" for the Beginner I course content. Beginner II and Intermediate students now receive, along with other useful material, a mini compendium of maintenance tips and tricks for beginners put together by Doug and Silke.

Special thanks go to Owen Cook for cheerfully helping several times with courses, sometimes at short notice, over a period of many years.

The maintenance courses are an attraction for many new members (and a well-received service for continuing members), and Pedal Power will continue to offer them at the current discounted rates in 2010.

Information and Social Evenings

Gillian and Keith Helyar coordinated the Pedal Power information and social evenings in 2009 held on the third Wednesdays of the month from March to December. The meetings are open to members and guests and advertised in the e-bulletin as well as in the magazine and on the website. Attendance at the meetings was good, averaging 50 with a range from 24 to 84. The most popular night was the evening where Stephen Hodge told attendees about the tactics, trials and tribulations of competing in the Tour de France.

Gillian and Keith thank all who attended the Information and Social Nights and helped to make them the success that they were.

Pedal Power is especially thankful for the time, effort and skill that the organisers and presenters donated to Pedal Power. Some were Pedal Power members and others, being most generous, were from outside the organisation. We have benefited greatly from your efforts.

Following are details of each month's session:

March - Mark Crawford, John Widdup and other participants on 'A tour down the Murray' - a trip to the Murray mouth from the foot of the mountains. Mark and John gave an entertaining presentation of the trip by about 20 members plus others. The group obviously enjoyed themselves. The way the trip was organised, the features of the scenes traversed, and the exploits of individuals with various aims such as crossing all the bridges on the Murray, surveying to determine which types of tyres had more or less punctures, and who reached home for the night first or last. A most interesting and stimulating evening to kick start the year. (Attendance: 60)

April - Janie and Trevor from Lonsdale St Cyclery on 'Light options, visible clothing and winter clothing'. This topic was popular in previous years and so in 2009 it was presented earlier in the Information and Social evening program by customer demand! Attendees caught up with the latest in the rapidly moving lighting technology field, and learnt how to keep warm in the coming winter, and how to be bright enough to keep the cars away. Attendees took advantage of the discounted sales offered after the meeting. (Attendance: 45)

May - Rod and Annemarie Driver, 'The Danube, Vienna to the Black Sea by bicycle'. The talk highlighted a private, self-supported, cycling and camping tour through 1600 km of Eastern Europe, including Austria, Slovakia, Hungary, Croatia, Serbia, Bulgaria, and Romania, by Rod and Annemarie Driver. The talk was an effective guide for aspiring cycle tourists or others interested in what cycle tourists do and how they do it. (Attendance: 60)

June - Stephen Hodge and Ben Battison, 'Prepare for the Tour de France, and more ...'. Stephen has finished the Tour de France six times and has represented Australia in 10 World Championships and the Olympics. The talk, enthusiastically received by the audience, attracted the largest attendance of the year. Stephen and Ben explained the strategies and team tactics that opened a completely new understanding for many attendees as they subsequently watched the Tour (that began 4th July). Steve and Ben expertly answered the many questions that added greatly to the evening. (Attendance: 84)

July - Sarah O'Callaghan and Steve Hanley, 'All you wanted to know about mountain biking, Mt Stromlo, Mt Majura, activities and opportunities in the ACT'. Sarah and Steve informed the attendees about the wide range of mountain biking activities run by CORC (Canberra Off-Road Cyclists) in Canberra. These range from hosting World Championship events at the recently developed world class facilities at Mt Stromlo, to local competitions and promoting the skills of mountain biking. All classes of riders - learners to international competitors - are involved. Non-CORC members can join the large team of volunteers who are needed when World Championship events are run. These events provide an excellent chance to see mountain biking at its best - cross-country downhill (a kamikaze-like event from an outsiders view), and BMX events. (Attendance: 24)

August - Phillip Baron, 'Touring GB by bicycle and train - Lands End to John O'Groats (LEJOG) as a guide'. Phil took the lead in presenting Phil and Annie's experiences travelling by bicycle in Britain. They rode a number of the many routes that can be taken 'end-to-end'. His talk was an inspiration for those planning to undertake this trip. These talks are of great assistance to give the less experienced members and guests the confidence to participate in cycle touring. Accommodation can range from tents carried on the bicycle to bed-and breakfast establishments. (Attendance: 70).

September - Joseph Gordon (tilt trike), Steve Wootten (electric assisted bicycle) and Peter Campbell (an electric Daihatsu Charade). (Australian Electric Vehicle Association) 'Electric assisted bicycles for young and old'. Electric bicycles are becoming more and more popular around the world. (John Widdup reported, from an on-the-road survey in Europe in July, that 20 to 30% of the bicycles in some cities were electric assisted.) Joseph, Steve and Peter updated us on electric assisted bicycles and displayed an electric, recumbent, tilt-trike, and a Daihatsu Charade converted to battery electric drive. Joseph demonstrated his racy, hub-power assisted tilt-tricycle, and demonstrated new types of small but powerful electric motors suitable for wheel hub motors. Steve demonstrated how he had converted a mountain bicycle to 'electric assist' and described his experiences using it as a commuter bicycle. The audience asked many questions, particularly about batteries and what types are best. At times, the discussion became very technical! For members interested in bicycle infrastructure - Steve raised the issue of whether the current power limit of 200 Watt for bicycles paths is reasonable. Power limits of up to 450 watts (1 horsepower = 746 W) apply in some other countries and, apparently, greatly increase the usefulness of the power-assisted bicycles. (Attendance: 34)

October - Jeff Ibbotson and Gerda Lambeck, 'Touring Eastern Europe'. Jeff and Gerda described and discussed a tour through Eastern Europe from Croatia to North-East Poland. The tour by ferry, train, bus, ski lift, and yes by bike also, went through many countries from Dubrovnik to Poland. The presentation featured a photographic feast of the area and much advice on how to organise such a trip. Jeff dwelt on interesting details and sometimes made the chairman edgy that we were not going to reach NE Poland before the allotted time for the presentation expired. However, Jeff had it all organised and glided smoothly to the end of the talk and into the question time right on schedule! (Attendance: 45)

November - David Thomson, 'Tassie by bike'. Thinking of cycle touring? Well according to David, Tasmania is the ideal place for your next adventure. He presented details on two quite different approaches cycle touring in Tasmania: First, the Tasmanian Trail. This off road experience runs through the centre of the Island from Devonport on the north coast to Dover, south of Hobart - a challenging ride that caters for the keen off roader on MTB's. Not only the riding, but also navigating through use of the subtle signs on posts and trees, was challenging. The route offers lots of challenges, great scenery and camping in tents or towns along the way. Then secondly, David discussed the Giro Tasmania. This trail follows an on-road route around Tassie and includes points of historic interest along the fabulous west and east coasts, plus the very scenic run across northern Tassie. David, you inspired us all. (Attendance: 54)

December - Pedal Power Christmas Party in Lennox Gardens (between the Canberra Hyatt Hotel on Commonwealth Avenue and the lake). The year wound up with an enjoyable party in Lennox Gardens. About 40 members attended and had a great time eating Santa's homemade biscuits (courtesy of Gillian, Santa's cook) and ice cream. Pedal Power members and Santa partied on for several hours before leaving for home and a snooze interspersed with dreams about how Santa will handle the melting ice when he gets home. Thanks to all who attended and helped us to round off the year.

Insurance

Pedal Power maintains insurance policies to give some protection to members and volunteers as well as the organisation. Member insurance is:

- Legal liability to third parties covering all Pedal Power members with regard to personal injury, death and/or property damage resulting from an occurrence arising from a bicycle riding activity (including tricycles but not unicycles) anywhere in the world except within United States of America, Canada and their territories.
- Bicycle riders accident insurance covering all Pedal Power members whilst they are participating in 'bicycle riding' (including tricycles but not unicycles) in Australia or New Zealand, that provides defined compensation based on the consequences to the members from the accident (as per a schedule in the policy documentation)
- Voluntary workers accident insurance covering all Pedal Power volunteers (aged 5 to 85 years) whilst the volunteer is engaged in unpaid voluntary work performed on behalf of Pedal Power provided that such work is officially organised by and under the control of Pedal Power. It provides defined compensation based on the consequences to the volunteer (as per a schedule in the policy documentation).

Terms and conditions apply to all insurance with an excess payable. The above is a summary of the insurance cover presented as a guide only. As of November 2009, the insurance Product Disclosure Statements is available on the insurance page of the Pedal Power website.

Merchandise

Pedal Power's major merchandising activities in 2009, was the sale of *The Canberra & Queanbeyan Cycling and Walking Map* and the *Cycle Canberra Book*. Sales of the map & book amounted to \$13,357 (gross) - an increase of 28% on 2008 revenue. Pedal Power continues to sell the *Cycle Canberra Book* at a reduced price as this publication is now seven years old and some parts are not current.

In October 2009, Pedal Power began to offer members a selection of books related to bicycle riding sourced through Woodslane at a discount of 20% off the RRP. In December 2009, Council decided to cease the sales of these books as the administration time and financial cost outweighed any profits.

Discounts for members

The following organisations offered Pedal Power members discounts on purchases during 2009:

- Bike Culture
- Bike Shed, Braddon, Phillip and Gungahlin
- Cycle Surgery
- Doug Thompson & Silke Smaglinski - panniers
- Flying Furniture Cycles
- Hammer n' Cycle
- Kambah Cycles
- Lonsdale Street Cyclery
- Mal.Adjusted
- Onya Bike Warehouse, Belconnen, Civic, Tuggeranong
- Rebel Sport, Belconnen, Phillip
- Ride Shop
- Row 'n' Ride
- ACT Bike Superstore

- Cycle City
- TLC Cycles
- Camping World
- Paddy Pallin Adventure store
- Road & Range Bike Gear
- Youth Hostels Australia (YHA)
- Miracle Chinese Treatment Clinic

COMMUNITY ACTIVITIES

Revitalising Ride to Work Project

The Australian Government Department of Health and Ageing funded the Revitalising Ride to Work (RRTW) project. Pedal Power completed the 12-month period project in December 2009.

Leon Arundell (as Project Manager) and Peter Strang undertook the project. The project provided practical support, assistance, advice and guidance to commuters through specially organised activities as well as web-based and email support and information.

Major achievements at the completion of the RRTW project include:

- the estimated number of participants in the RRTW program was 2,060;
- 110 Ride to Work Workplace Coordinators representing 91 workplaces;
- 200 people attended the RRTW seminars on nutrition, exercise and stretching, and 550 attended eleven ACT Ride to Work Day breakfasts; and
- hits on the RRTW Website peaked at over 47,000 in September 2009 in the lead-up to National Ride to Work Day.

National Ride to Work Day

National Ride to Work Day, on 14 October 2009 was, in the ACT, incorporated into the Revitalising Ride to Work (RRTW) project. Some results from the ACT were:

- 2,133 registered riders representing 7% of the national total;
- 221 new riders (i.e., did not register in the previous year) representing 20% of registrations; and
- community breakfasts were held across Canberra at six locations.

Pedal Pod Pilot

In January 2009, ACT Health granted Pedal Power \$17,600 to establish a Pedal Pod Pilot. A Pedal Pod is the cycling equivalent of the "Walking School Bus" and aims to encourage primary school children (school years 3 -6) to ride their bicycles to school by providing a supportive and safe environment.

Leon Arundell was the Project Manager. Three primary schools (Rosary, Majura and Lyneham) nominated to be involved in the Pedal Pod Pilot Program. In term three, 42 children from these schools participated in Bike Ed training as part of the pilot. Eight parents participated in Bike Ed Assistant Instructor training and qualified to be Pedal Pod 'drivers'.

In term four, Rosary and Lyneham started Pedal Pods with Rosary having 19 children registered to ride with the Pod and Lyneham having 13.

The program proved very successful in both schools and has increased the number of children riding to school - not just within the Pods but also independently.

Pedal Power has applied for further funding to continue and expand this program in 2010.

FITability Tandem Riding Program

The year 2009 saw continuing growth and success for the FITability program, a joint program between Pedal Power and FIT (Females In Training) that offers tandem cycling to vision impaired people and others with a disability who cannot ride alone. It is managed by a committee, chaired by Rosemary Robinson, which includes a number of other Pedal Power members. Lauren Brand is the

Pedal Power official representative in FITability and organises the joint FITability – Pedal Power activities.

A three-year ACT Health Promotion Grant supports FITability.

Judy James successfully ran the inaugural Tandem Festival during Floriade that hosted tandem-riding visitors from Victoria and New South Wales. Participants want it to run again.

FITability fielded a full team of 12 riders (five with vision impairment and one with autism) in the 460 km Hartley Challenge from Canberra to Charlottes Pass and back again. Through regular training, the riders managed to ride further and climb higher than the previous year and to contribute towards the \$375,000 raised for Hartley Lifecare. The hard work of the team members, drivers, training pilots, Shane and Co. at Bike Culture, Wayne Kotzur, The Sports Club Kaleen, those who lent tandems, and many others, ensured a successful ride.

In April Rosemary Robinson and Lindy Hou, from FITability, rode a tandem 3,200 km from Cairns to Melbourne with Bike for Bibles.

After twelve months as FITability project officer, Jing Huang stepped down in July to concentrate on her own cycling. Brandie, Kerry and Jing attended a para-cycling camp and track race events with a view toward national selection. FITability also made a bike available to two other para-cyclists during the year.

Other events attended by FITability riders and volunteers included:

- Tour de Femme - fielded seven tandems
- Fitz's Challenge – three bikes participated in the Tharwa Challenge.
- Visact Blind Sports Day on the International Day of People with a Disability
- Post School Options Expo, run by the Student to Industry Program (SIP) for students with disabilities
- YWCA WAM Have a Go Day - a sports day for women living with disabilities or mental illness
- Individual Time Trial for Cyclists with a Disability at the Canberra Womens' and Junior Tour
- Australian Ethical Big Canberra Bike Ride
- Pedal Power breakfast and Northern Wanderers rides and FIT morning training rides.

FITability received many inquiries about tandem riding and made its bikes available to riders outside of organised events.

Bike South West (Sydney) generously donated two recreational tandems and riding gear to FITability.

During the year, FITability trained 14 new tandem pilots and several now ride with FITability. Four new vision impaired stokers started riding with FITability during the year, and three others have tried out tandem riding. These included: a woman with cerebral palsy who is able to ride with her husband on one of the FITability tandem bicycles; and a young intellectually disabled man who took steps towards being able to ride with his carer, who was also trained by FITability.

Lindy Hou, who won medals in tandem racing in both Athens and Beijing Paralympics, has moved to Canberra. Her experience at the elite tandem racing level should assist with our up-and-coming athletes. Lindy is getting involved with the regular FIT and Pedal Power cycling programs and expects to play an important role in running the FITability program. Karen Whenan has accepted the position as FITability Project Officer.

New **Horizons** for Women

The New Horizons for Women is a Pedal Power program to develop bicycle riding knowledge, techniques and proficiency of women. It has been going for some years and has trained hundreds of women to ride with confidence. Dianne Truebridge coordinates the programs. In 2009 there were two programs conducted by Pedal Power - one in February-April and one in October-December.

Each program comprises a nine-week course involving:

- evening sessions covering introduction to cycle clothing and accessories, nutrition, bike maintenance and lighting;
- a session on body care/stretching by a physiotherapist;
- ride skills sessions and excursions; and

- participation rides including a weekend ride from Canberra to Yass and return.

Twenty women enrolled in the first program. This was less than in previous programs and may have been due to the extremely hot weather experienced in January/February.

Thirty-two women enrolled in the second program.

At the beginning of the programs, participants presented their expectations for the program: Most were looking to develop their confidence on the bike, including riding with others and over reasonable distances, and to learn how to undertake basic maintenance. The joy of riding and the benefits of regular exercise were also uppermost in participants' minds.

At the end of the courses, the participants were asked, 'What was the most important thing that you achieved from the New Horizons Program?' Typical replies were: gained confidence; improved riding skills; and learned to use gears. The participants enjoyed the support and company gained from the rest of the group.

The New Horizon's Program has proved to be successful and popular. Pedal Power intends to run additional programs in 2010.

Pedal Power thanks the organisers and the many volunteers and presenters who made the programs a success.

Bicycle Parking Facilities

Pedal Power continued to provide, with the assistance of volunteers, bicycle parking racks to major festivals and cycling events in the ACT during 2009 including the Folk Festival, Floriade, and the World Mountain Bike Championships.

Bicycle Lockers

In mid-2009 Pedal Power decided to discontinue the management of the bike lockers at bus interchanges at five sites in Canberra (Belconnen, Tuggeranong, Civic, Woden and Mawson). Demand for the lockers decreased during the year (as is evident in the decrease in revenue from the lockers for 2009 as shown in the accounts). This may be due to the poor state of repair of some lockers, the ability to travel on the bus with your bicycle, and the increase in bike parking facilities in workplaces.

Roads ACT (part of TAMS) will take over the management of the bike lockers in early 2010 so that this service will continue to be available to the public.

ADVOCACY ON CYCLING ISSUES

Advocacy overview

The Pedal Power Advocacy Team continued its success in 2009. The team contributed to Pedal Power's mission of 'more Canberrans cycling, more often, for a better community' by focusing on the 'high yielding, low hanging fruit' that will get the most Canberrans cycling, more often. The team's efforts are coordinated at regular monthly meetings.

Notable achievements in 2009 included:

- The allocation of \$16 million for cycling and walking in the 2009 ACT Budget which is the largest amount an ACT Budget has ever contained for cycling and walking (including \$2 million per annum for cycling capital works and \$1.6 million per annum for maintenance of cycling infrastructure) and reflected the adoption of many of Pedal Power's recommendations, made prior to the 2008 ACT election, in the Labor-ACT Greens government agreement;
- Winning the Cycling Promotion Fund's national award for cycling advocacy; and
- Receiving, for the fourth year running, a grant for our advocacy work from Australian Ethical Investment - a Canberra-based ethical funds manager.

From the beginning of the year, Pedal Power focused on five priorities:

1. Providing input into capital works projects so that, when built, they incorporate the best possible cycling outcome at the least cost. Thanks to the excellent co-ordinating role taken on by the untiring Terry George, our volunteers have been more organised and consistent. Advocacy not only improved individual locations, but also helped to educate planners and engineers about good design and kept

cycling at the forefront of their thinking. Pedal Power commented on well over a hundred and twenty plans and projects, preventing implementation of several dangerous and/or impractical designs, and achieving many improvements.

2. Advocating for a workshop for the consulting engineers who do design work for the ACT Government designed to make them aware of, and incorporate, the requirements of the ACT cycling and walking engineering standards in all projects. This has taken longer than hoped to implement, but Roads ACT has committed to a workshop early in 2010 and is investigating making it compulsory for consulting engineers to have attended the workshop. This idea will help ensure that the ACT Government gets the best possible cycling and walking design at the least cost.

3. Advocating a Ride to School program for the ACT. This has required work with different parts of the ACT Government so it has not progressed as we hoped. Pedal Power intends to progress this proposal in 2010.

4. Providing professional and effective input into the ACT Government review of cycling and walking infrastructure - particular thanks are due to Terry George, Tony Shields, Ben Battisson and Geoff Farrar.

5. Completing and presenting a professional and persuasive case for the proposed Civic Cycle Loop. That resulted in the ACT Government taking up the proposal and undertaking preliminary scoping work.. Thanks to input from a large number of advocacy team members the 'Civic Cycle Loop' was one of Pedal Power's best presented proposals to date.

Civic Cycle Loop

Pedal Power gave the Civic Cycle Loop proposal a high priority. The Loop will join the two busiest cycle paths in Canberra together through Civic, will incorporate physically separated cycle lanes and will encourage people to ride their bicycles to Civic and leave their car at home. Over 100 people emailed the Chief Minister in support of the proposal, politicians from all sides showed interest, and it was widely reported in the media (including the front page of the Canberra Times). There were no negative comments. Particular praise is due to Ben Battisson who coordinated and led a ride along the route with politicians before the Ride to Work breakfast. Ben, Tony Shields and Caroline Nordang discussed the Loop extensively with stakeholders. The ACT Government's review of cycling and walking endorsed the proposal. Roads ACT employed consultants to look at the proposal more closely.

Public Works

Pedal Power contributed to the Bicycle User Group and the Road User Working Group (covering road safety) - both groups are chaired by Roads ACT. Pedal Power appreciated others asking for its input in these forums.

The Cotter Road cycle lanes and cycle path from Adelaide Avenue to Stromlo Forest Park, a major project recommended by Pedal Power, was completed during the year.

The installation of cycle path directional signage is continuing throughout the network. It is proving very popular with users.

The major works that Pedal Power considers need completion or construction by the ACT Government include:

- the completion of bike path network directional signage;
- the ride around Lake Burley Griffin (the best half day ride in Australia);
- the Civic Cycle Loop and work to complete the cycle path connection into the airport across Fairbairn Ave; and
- improve the dangerous Bowen Drive Crossing - it is pleasing that the National Capital Authority is examining proposals to improve this crossing.

Advocacy acknowledgements

The notable achievements from Advocacy Team members in 2009, in addition to those mentioned elsewhere, included:

- Tony Shields continued to lead the ever effective Advocacy Team;
- Ashley Carruthers had two opinion pieces published in the Canberra Times;
- Ben Battisson continued to effectively spearhead the advocacy work;

- Jo Clay crisply and comprehensively wrote regular articles for the Pedal Power magazine Canberra Cyclist;
- June Hornby dealt effectively with the emails we received from members and others;
- Julie Macklin produced excellent photography and map work;
- Tony Shields produced media releases which went nationwide twice in 2009;
- Ben Elliston kept our web pages up to date, relevant and targeted;
- Lyndel Post co-ordinated the regular Roads ACT meetings;
- Geoff Farrar and Kip Tanner (Kip particularly with the NCA) provided much insightful and skilful input that increased our effectiveness.
- John Widdup and Paul Truebridge provided sound engineering expertise;
- Susan Buckle joined us during 2009 and was invaluable in liaising with politicians; and
- Jeff Ibbotson who, as the Vice President responsible for advocacy, provided wisdom and support.

Pedal Power maintained its rule of 'if we don't do the research on a proposal we don't push the case for it'. Volunteers carried out rational, well-argued and well-presented research that has strengthened our credibility and effectiveness including work by:

- Geoff Callaghan on a submission to the Henry Tax Review;
- Roger Bacon on lower speed limits; and
- Kerry Finlayson on our annual cordon count of cycling in Civic.

Pedal Power thanks the Chief Minister, Jon Stanhope and the ACT Labor Government for their significant contribution to cycling in 2009. Our appreciation is also extended to the ACT Greens, particularly Caroline Le Couteur and Shane Rattenbury who were instrumental in the funding increases in the recent budget, and to Zed Seselja, leader of the ACT Liberals, who has brought a fresh approach to cycling. Particular mention should also be made of Tony Gill and Roads ACT, the body responsible for much of the recent cycling public works.

Cordon Count

As in previous years, Pedal Power conducted a controlled count of cyclists riding into the Civic/Acton area. In the 90 minutes between 7:30am and 9:00am on 17 March 2009, 1,969 people rode into these areas. Compared with 2008, numbers are only up slightly - 1969 bicycles in 2009 versus 1964 bicycles in 2008. However, between 2004 and 2009, Pedal Power counts recorded a 48 per cent increase in people cycling into Civic/Acton.

The large increase in numbers over five years reflects the increasing popularity of cycling and ACT Government initiatives such as the Dickson-Woden and other cycle lanes/paths particularly the filling in of the gaps in the cycle network. Other factors may be the improved use of bike racks on buses, improved facilities for riders at workplaces, and new directional signposting.

The busiest cycle route is Commonwealth Avenue, which in 2009 carried 575 bicycles (16 per cent of all bicycles counted followed by McCaughey Street - 317 bicycles (15 per cent) and Watson Street - 262 bicycles in Turner (13 per cent). The peak number of bicycles counted in any 15-minute period was between 8.45 am and 9.00 am.

The largest percentage increase in people riding their bicycles into Civic between 2004 and 2009 occurred on Northbourne Avenue, which recorded a fourfold increase from 40 people cycling in 2004 to 200 in 2009 (in the 90 minute count period). Commonwealth Avenue had a 63 per cent increase in numbers. Both these increases reflect the installation of the Dickson-Woden cycle lanes early in the period.

RIDES AND EVENTS

Rides and event overview

Staging cycle rides and events is one of the principal activities of Pedal Power. The program in 2009 included regular local café rides, half and full day rides, weekend (and longer) away rides, trips to other cycling events, and the Big Canberra Bike Ride and Fitz's Challenge—the two iconic public

participation bicycle riding events in the ACT. A large number of volunteers were instrumental in planning and running the rides and events and thereby helped to make them successful.

Pedal Power supported rides by other organisations and encouraged members to participate. These included the Sydney Spring Cycle, the Rotary Scenic Cycle Tour of Canberra, Sydney to the Gong, the NSW Big Ride, ACT Urban Polaris, Paddy Pallin Adventure, Scott 24 Hour Mountain Bike Championship, Sheldon Brown Memorial ride, Tour De Femme, rides by Audax Australia and Around the Bay in a Day.

The events calendar, on the Pedal Power website, is the organisation's primary source of information about events and proved popular and useful to members and others, including visitors to Canberra. In addition, the adopt-a-shop group distributed the bi-monthly ride and events calendar, published in the Canberra Cyclist magazine, to cycle shops, libraries and other public places.

Rides and events statistics

In 2009, Pedal Power staged over 320 cycle rides and events throughout the year (see following table). They involved over 4,500 participants who cycled more than 300,000 km. Participants ranged from youths to riders in their nineties.

Month / Year	Number of cycle rides and events offered by Pedal Power during the year					
	2009	2008	2007	2006	2005	2004
January	26	14	18	22	13	13
February	28	20	14	19	14	13
March	31	26	24	17	15	12
April	20	25	21	20	19	16
May	29	27	20	17	19	18
June	20	23	19	18	18	16
July	22	19	21	18	17	16
August	32	23	19	15	18	16
September	28	19	23	18	16	14
October	29	25	21	16	14	18
November	32	33	21	21	17	13
December	27	21	21	21	21	14
Total	324	275	242	222	201	179

Regular social rides

Saturday

Kim Young coordinated the Saturday social rides which continued without falter throughout 2009. Rides commencing from the Ferry Terminal on Lake Burley Griffin had specified leaders but from most of the other starting points (Emu Bank in Belconnen, Edison Park in Woden, the Tuggeranong Library and the Gold Creek High School in Nicholls), a volunteer usually came forward from those assembled and led the ride.

Numbers on the rides varied according to weather and season – from five to 40 riders. Distances varied from 20 to 30 kilometres depending on the leader's plan and the group members. The finishes were always at a well-known coffee shop from where the riders departed and found their way home or leaders guided them back to the start to collect their vehicles.

Sunday

Rod Driver coordinated the Sunday social rides every second Sunday. The Sunday Social rides attracted up to 15 riders comprising many regular riders and some new starters each time. This ride is normally somewhat slower than the Saturday social rides although this is not always the case - depending on who led the ride and the participants. Like the Saturday social rides, the ride always included a stop for refreshments at a café.

Wednesday

Phillip Kirk coordinated the Wednesday social rides. These rides commenced towards the end of 2008 and have become a regular feature of the Rides Calendar in the Gungahlin area. Riders midyear numbered between 2 to 6 and more recently up to 10 riders have been turning up. Mid-August featured the biggest turnout of 12 rides.

The release of the booklet *Gungahlin's Treasures, a guide to interpreting the regions heritage* added a cultural tone to some of the rides with visits to cultural sites of interest not far off the designated route.

Pedal Power thanks all the people who have volunteered to lead the Saturday, Sunday and Wednesday social rides and who have taken the rides to many varied and interesting places.

Full Moon rides

During 2009, Pedal Power conducted four evening rides (with lights) around the urban area of Canberra ending at a restaurant where participants enjoyed a meal.

Sunday Wanderers

These regular Sunday rides were on bitumen-surfaced roads in and around Canberra in the ACT and NSW. The objective of the Sunday Wanderers rides is to satisfy the 'thirst' for intermediate length (50 to 100+ km) rides for enjoyment, fitness and companionship.

Sunday Wanderers continued to operate throughout 2009 in three groups, namely, slower, intermediate and faster.

Sunday Wanderers - faster group

During 2009, the Sunday Wanderers operated in much the same way as in 2008. The number of riders participating fluctuated with the weather and other personal commitments, but was mostly in the 10-15 range. The group comprised a core of regular riders with the occasional returning visitor from interstate with others participating periodically. As is the case in the intermediate and slower Wanderers groups, participants are getting fitter and able to complete longer and more difficult rides. While quite a few females participate in the intermediate/slower groups, the faster group remains almost completely made up of males.

There are riders who try this ride once and do not return, whether they are faster, slower or ride at the same speed as the bulk of the group. In particular, the younger newcomers tend not to return. While all new riders are welcomed into the group, it appears that the age difference is a factor (the average age of the faster group is over 50). In 2010, Pedal Power will consider forming an additional Sunday Wanderers group aimed specifically at younger riders (e.g. in the 20-35 age group) as a way of broadening the appeal of this ride and attracting younger members to Pedal Power.

Intermediate and Slower Sunday Wanderers

Unlike the faster groups, which are predominately male, the slower and intermediate rides have more of an even gender balance. These rides proved popular throughout 2009 with average attendances between 15 and 40 per week. They have involved many rural and urban loops always centered around the all important cafe stop, and have included Gundaroo, Murrumbateman, Lake George Lookout, Tidbinbilla, Binalong, Bungandore, Collector and visits to several wineries.

The slower group (riding 50–70 km at an advertised average speed of 19–22 km/h and generally avoiding serious climbs), introduced in 2008 has proved a good option for many members, and this group is regularly attracting over 20 riders.

The slower rides are a great introductory point for those that want to increase their riding distances and/or have plans to move in to bicycle touring. As always, they have also been a popular training option for many who have gone on to participate in the various Touring events during the year, such as the Victorian, NSW and Queensland Bike Rides.

The intermediate group (riding 70 to 90+ km at 22-25 km/h and often including serious climbs) attracted the faster stronger riders – some 'graduating from the slower group and others changing between groups depending on weather, condition (of the rider) and the ride on offer. There were from five to 15 on each of these rides.

During the year, some longer rides (up to 180 km) were organised and ridden at the similar pace to the normal rides.

A number of New Horizons graduates joined and continued to participate in these slower and intermediate rides through the year.

Weekend Away Rides

During the year, Pedal Power organised a number of 'weekend away' rides including the following rides.

Illawara Escape - February

This weekend of riding used Wollongong as the base with riders staying at the YHA. The Saturday ride went south to Kiama, Minnamurra and Jamberoo. On Sunday, riders re-created the 'Sydney to the Gong' ride by catching a train north to Waterfall and riding back - without 10,000 other cyclists.

Coast Ride Canberra to Moruya Heads and return - April

Two Pedal Power members rode on a camping tour to Moruya Heads via Majors Creek and Araluen and return.

Anzac Pub Crawl No 3 - April

About forty Pedal Power members went on an unsupported ride, over a five-day break, starting at Junee then to Temora, Young and Cootamundra, then back to Junee. The group stayed mainly at inexpensive country pubs.

Braidwood Stroll - May

Over twenty members had a weekend riding out of Braidwood with ride distance options of 60 to 140 km offered.

Bundanoon - September

Pedal Power held the annual Southern Highlands Spring Ride from 11 to 13 September. Most participants enjoyed the hospitality of the Bundanoon YHA, with others choosing their own accommodation. The Saturday morning ride covered 76 km of the Southern Highlands with some riders extending the route for some extra hills and distance. Sunday was a shorter ride of 40 km.

Binalong Annual Spring Ride - October

This annual event had riders cycling from Canberra to Binalong and return with a night in Binalong.

Sydney to the Gong - November

A contingent of members stayed at the Wollongong YHA and took a train to Sydney to the start of the Gong ride. They then had an enjoyable ride back to Wollongong with great weather.

Spring Mountain Tour - November

In 2009 Pedal Power staged its second mountain camping tour of the Victorian Alps and Snowy Mountains starting and finishing in Jindabyne. A vehicle and trailer supported the riders. Fifteen riders completed the one-week tour option while ten rode for the full two-week course.

Australian Ethical Investment Big Canberra Bike Ride

Pedal Power conducted the eleventh Australian Ethical Investment Big Canberra Bike Ride on 9 March 2009 – Canberra Day. The 25 km ride around the streets of Canberra attracted nearly eight hundred riders, more than in 2008 but less than the 1000 record a few years ago. Simon Corbell MLA welcomed the riders and started them on their way. The riders had a great time in wonderful weather and ranged from the very young (some very small people rode the whole route) to the elderly (including a 91-year-old).

Australian Ethical Investment again sponsored the event and the Tradies Club supplied the morning tea. Smiths Cycles in Fyshwick and Cycle City Lyneham who each provided bicycles major prizes. The route is a leisurely 25 km 'on road' ride around the roads of inner Canberra designed to be suitable for everyone - young, not so young, families and friends - and is conducted as a 'fun ride' with morning tea in Dickson Tradies Club. There was a short cut to the finish after 15 km for those who found the full distance too much. Hartley Lifecare provided refreshments to finishing participants.

As with all such events, the success of the event was due, in no small way, to the effort of many volunteers who arranged thing and worked on the day.

Fitz's Challenge

Pedal Power staged the iconic Fitz's Challenge for the 22nd time in the foothills of the Brindabella Mountains on 1 November 2009. There were a record 804 entrants (an increase of about 40% on to 2008 entry numbers): 138 in Fitz's Epic Challenge (207 km), 303 in Fitz's Classic Challenge (165 km), 259 in Tharwa Challenge (105 km) and 104 in Tidbinbilla Challenge (50 km). About 12% of the entrants were female.

Participant numbers in Fitz's Challenge have been rising over recent years in line with the popularity of bicycle riding and the improvements in the event. The previous record entry was 560 in 2008.

Oncology Children's Foundation (OCF) was the official beneficiary charity for the event. OCF assisted greatly with marketing, graphics and the web site and entrants raised over \$30,000 for OCF.

Fitz's Challenge is now in a strategic alliance with the Audax Alpine Classic as both events are challenges in hilly terrain - the only two of their type in Australia. Each organisation is doing cross marketing and giving each other general assistance.

The event was very successful due in no small part to the effort of many volunteers, the WICEN radio operators, Cycle City Lyneham and Hartley Lifecare.

Other Rides

Pedal Power supported and advised The Rotary Scenic Cycle Tour of Canberra organized in October by the Rotary Club of Canberra Woden.

Pedal Power also opened up many of its regular rides to the 'Come-and-Try' program run by the ACT Dept of Health. Only a few participants took advantage of this arrangement.

ORGANISATION & MANAGEMENT

The Council and Executive govern and manage Pedal Power. The Executive comprises the president, two vice presidents, secretary, treasurer and executive officer. The Council comprises the executive (less the Executive Officer) and up to five councilors, all of whom are elected by members at the annual general meeting—or seconded by the Council to fill a vacancy.

Pedal Power engages two part-time officers to run its affairs, namely, an Executive Office and Office Manager. Leon Arundell was the Executive Officer until March when Council appointed Hilary Sheldon. During the year, the employment arrangements for the Executive Officer changed from one of employment under service contract to one of direct employment. For this Pedal Power arranged workers compensation, income taxation, and superannuation.

Minh Nguyen was the Office Manager until June when Emily Blacker took over. Emily is an employee of SOS Recruitment working for Pedal Power under long-standing arrangements to supply the office manager.

During the year, members were able to visit the office three days a week when they could join or renew their membership, purchase merchandise, or browse the journals and books. New members were especially welcome.

Additionally, Pedal Power employs a part-time Cycling Advocate who was Ben Battisson during the whole of 2009.

The Council met regularly during the year and saw its main task as ensuring Pedal Power met its contractual, ethical and legal obligations and had sufficient resources to undertake its activities. Council used its Strategic Operational Plan as a guide to ensure that it addressed the important and strategic matters. A copy of the Plan is on the Pedal Power's web site. While discussion can be vigorous at Council and Executive meetings, consensus decision making invariably prevailed.

Regulatory and reporting requirements fulfilled included financial auditing and lodging of association returns. The Office Manager undertook day-to-day bill paying (after endorsement by two

executive members), receiving and banking money and account keeping under the overall management of the Executive Officer and Treasurer.

Appropriate risk management plans were in place for major events.

Succession planning for Council members is very important to the ongoing success of Pedal Power. Two Council members resigned during the year and Council appointed one new member. The absence of key Council members (particularly whilst touring overseas and within Australia) highlighted the importance of having back-up people to provide continuity of effective management and direction. .

PARTNERSHIPS

National cycling organisations

Bicycle Federation of Australia (BFA)

Pedal Power renewed its membership with the BFA in May 2009. However, in November the BFA advised that it (the BFA) lacked sufficient support and funding to continue its operations and had decided to wind up the organisation.

Pedal Power agreed with that decision under the circumstances and thanks all those associated with the BFA for the valuable contribution they have made over many years to improving the environment for cycling in Australia.

The Cycling Promotion Fund (CPF)

Industry funds the CPF with income generated by bicycle sales. The CPF supported Pedal Power by supplying information, posters and brochures and in giving Pedal Power an award.

Local cycling organisations

Pedal Power further developed its links with the local cycling community. It cooperated with Canberra Cycling Club, ACT Vets Cycling Club, CORC and Cycling ACT on committees and events, and especially with the Bicycle Users Group. In June 2009, Pedal Power hosted a gathering with senior members of all local cycling clubs. The outcome was very positive and all participants agreed that greater collaboration would be mutually beneficial.

Membership of other associations

Pedal Power is a member of the ACT Conservation Council and the Australian Youth Hostel Association (YHA). Pedal Power is also a member of Our Community - a world-leading social enterprise that provides advice, tools and training for Australia's community groups.

Sponsorship and other support

Pedal Power receives sponsorship and support from a number of Government and private organisations. Without that support, Pedal Power would not be able to be as effective as it is. Pedal Power is grateful for that support, leading the way for others to recognise our efforts to get more Canberrans cycling more often.

Major supporters during 2009 were:

- The ACT Government, through the Sport and Recreation Services ACT (Sport and Recreation Grants) and ACT Health (ACT Health Promotion Grants), provided operational support to Pedal Power through substantial grants; and
- Australian Ethical Investment provided sponsorship support for the Australian Ethical Big Canberra Bike Ride
- Grants/sponsorships/awards received by Pedal Power in 2009 were (all figures exclude GST):
- ACT Sport and Recreation operational grant \$14,000;
- ACT Sport and Recreation Sport and Recreation Actively Ageing Funding Grant of \$2,500 to run the seniors learn to ride program.
- ACT Department of Health operational grant \$20,000;
- Award from Australian Ethical Investments \$2,800;
- Australian Ethical sponsorship of the Big Canberra Bike Ride \$ \$4,000;

- The Canberra Tradesmen's Union Club (The Tradies) donated \$545 for the Australian Ethical Big Canberra Bike Ride morning tea; and
- Volunteers ACT granted \$10,000 to cover volunteers' travel expenses
- Other sponsorship and assistance provided during the year included:
- The Oaks Brasserie Yarralumla offered free coffee and cake to renewing members.
- The Southern Cross Club in Woden provided facilities for our monthly information and social meetings.
- The Canberra Tradesmen's Union Club (The Tradies) sponsored and hosted the morning refreshments in the Australian Ethical Big Canberra Bike Ride.
- Smith Cycles - Fyshwick, Cycle City -Lyneham, Gazelle Cycles, Onya Bike Warehouse, Kambah Cycles, Canberra Cycles & Leisure Centre and Tradies Club all donated prizes at the Australian Ethical Big Canberra Bike Ride.
- Atlas Sports Physiotherapy provided training to the participants in New Horizons.
- The Canberra Festival supported the Australian Ethical Big Canberra Bike Ride.
- Cycle Promotion Fund provided general support through the year.
- Females-in-Training assisted with the supply of tandem bicycles for use in the riding for the disabled.

Donations from members

During 2009, Pedal Power received \$766 donated by members.

TREASURER'S REPORT FOR THE 2009 FINANCIAL YEAR

Pedal Power ACT Inc. finished 2009 with a surplus for the year of \$56,000, further building on the financial buffer that was created over the last three years, and demonstrating a remarkable turnaround from the financial position the organisation was in at the end of 2006.

Revenue from membership fees, the largest single source of funds, grew by 28 per cent to \$119,000, while grants from the ACT Government agencies of Sport and Recreation and the Department of Health continue to be an important source of funds.

In addition to operational grants from these agencies, grants from ACT Government agencies were received for Revitalising Ride to Work and the Pedal Pod Pilot projects.

Net income from events and projects, including the above, was \$43,000 (\$39,000 in 2008), with Fitz's Challenge, Big Canberra Bike Ride and the New Horizons Program continuing to be the flagship activities. Please take the time to read more about these, other activities, and the support received by your organisation elsewhere in the Annual Report.

David Whisker, Treasurer

The statement of financial position, the statement of performance and the auditor's report for the 2009 year (from 1 January to 31 December) are on the following pages.

-oOo-

This annual report, including the financial statements, signed on behalf of the Pedal Power ACT Inc. in accordance with a resolution of the Council, by:

John Widdup, President

Richard Bush, Secretary

Canberra 29 January 2010

Pedal Power ACT Inc
Statement of Financial Position
For the year ended 31 December 2009

	2009	2008	2007
	\$	\$	\$
ASSETS			
Current Assets			
Cheque Account	30,523	57,758	41,999
Business Online Saver Account	70,953	30,599	-
Prudential Fund - Term Deposit	60,762	30,000	-
Cash Management Trust	-	-	22,888
Cash on Hand	305	100	378
Trade Debtors	2,804	2,676	1,818
Accrued Income	18,650		
Stock on Hand	-	300	600
Total Current Assets	183,997	121,433	67,683
Other Assets			
Prepayment of Insurance	7,404	3,975	3,975
Trailers	2,162	2,162	3,502
Bike Tool Kit	2,273	2,273	2,273
Less Accumulated Depreciation	(1,443)	(1,000)	(902)
Total Other Assets	10,395	7,410	8,848
Total Assets	194,392	128,843	76,531
LIABILITIES			
Current Liabilities			
Grants Received in Advance			
Operational Grants	10,000	10,000	5,000
Tied Grants	12,800	14,000	4,140
Total Grants Received in Advance	22,800	24,000	9,140
Prov for expenditure New Horizons (NH) 2007			2,600
Entry Fees Received in Advance	618		2,364
Events Sponsorship Received in Advance	4,909		4,227
Trade Creditors	3,432		-
GST Collected	8,581	9,975	6,770
GST Paid	(3,189)	(4,237)	(2,944)
PAYG Payable	2,544		
Total Current Liabilities	39,695	29,738	22,156
Total Liabilities	39,695	29,738	22,156
Net Assets	154,697	99,105	54,375
EQUITY			
Retained Earnings	99,105	54,375	15,422
Current Year Earnings	55,591	44,730	38,953
Total Equity	154,697	99,105	54,375

Pedal Power ACT Inc
Statement of Financial Performance
For the year ended 31 December 2009

	2009	2008	2007
	\$	\$	\$
INCOME			
Core Income (note 1)			
Membership	119,180	93,364	84,164
Corporate Membership	1,341	2,054	227
Operational Grants (note 2)	36,808	29,000	24,000
Other Core Grants	5,000	545	545
Advertising	2,645	2,036	2,736
Donations, Awards and other income	2,726	5,165	8,636
Interest	5,273	2,837	1,313
Sales of Jerseys and T Shirts	245	782	1,530
Sales of Maps and Books	13,405	10,406	11,023
Lockers	1,350	2,089	2,200
Entry Fees	-	-	505
Cost of Sales of Jerseys	(300)	(300)	(400)
Total Core Income	187,674	147,978	136,479
Events/Projects Income			
Tied Grants	76,783	43,611	41,596
Sponsorship	591	11,405	6,182
Entry Fees	56,237	47,856	43,417
Other Income	-	564	-
Total Events/Projects Income	133,611	103,436	91,195
TOTAL ALL INCOME	321,285	251,414	227,674
EXPENSES			
Core Expenses (note 3)			
Accounting Audit Fees	1,341	1,241	1,445
Staff Salaries and On-costs	66,349	54,927	41,929
Lobbyist & Other Contractors	12,854	10,295	12,117
Volunteer's Expenses	4,843	625	315
Other Staff Expenses	-	534	193
Stipend - Executive	1,875	-	-
Equipment Purchase	1,701	1,572	2,046
Equipment Hire	-	1,187	1,154
Software	1,016	63	-
Bad Debts Written Off	-	-	314
Refund and Sales Returns	60	106	848
Postage (other than Magazine)	4,382	2,295	1,414
Telephone/Fax	1,654	1,611	1,623
Internet Access	1,365	1,457	1,393
Stationery/Computer Items	754	903	706
Printing other than Magazine	5,101	2,988	4,266
Dues and Subscriptions	1,692	82	2,218
Bank/Financial/Legal Fees	708	709	306
Merchant Fees and Charges	4,101	4,155	3,849
Insurance (not Personal Accident)	10,871	10,135	10,725
Personal Accident Insurance	18,239	12,981	11,064
Office Rent	5,587	4,936	5,235
Electricity	706	708	718
Depreciation	443	443	577

Continued next page ...

Pedal Power ACT Inc
Statement of Financial Performance
For the year ended 31 December 2009

	2009	2008	2007
	\$	\$	\$
Loss on Sale of Assets	-	195	-
Other Expenses	1,535	888	1,379
MYOB Training/Upgrades	-	272	871
Magazine Production & Distribution Costs	24,127	20,899	23,957
Cost of Maps and Books	<u>3,429</u>	<u>6,000</u>	<u>4,916</u>
Total Core Expenses	174,735	142,208	135,578
Events/Projects Expenses			
Staff Salaries and On-costs	7,042	16,202	5,469
Consultants/Contractors	52,248	18,314	26,245
Volunteer's Rewards & Expenses	6,667	6,168	3,751
Equipment Purchase	3,432	1,493	679
Equipment Hire	742	1,399	1,733
Postage	1,021	18	3
Stationery	1,060	1,222	496
Prizes	411	591	-
Printing	4,592	4,332	2,083
Catering	2,224	2,357	2,522
Marketing	189	8,903	82
Venue Hire	1,924	1,763	1,487
Other Expenses	3,431	413	2,143
Jerseys and T shirts	4,482	193	300
Accommodation	893	2,417	2,786
Donations	-	1,000	1,000
Prov for New Horizons 2007 exp	-	(2,600)	2,364
Travel	<u>601</u>	<u>289</u>	<u>-</u>
Total Events/Projects Expenses	<u>90,958</u>	<u>64,476</u>	<u>53,143</u>
TOTAL ALL EXPENSES	<u>265,693</u>	<u>206,684</u>	<u>188,721</u>
NET SURPLUS/(LOSS)	<u>55,591</u>	<u>44,730</u>	<u>38,953</u>

Note 1 Core income means income from all operations other than Events/Projects

Note 2 Operational Grants from ACT Government through Sport and Recreation and the Dept of Health

Note 3 Core Expenses means all expenses other than for Events/Projects

INDEPENDENT AUDIT REPORT

To the Members of
Pedal Power ACT Incorporated
ABN 98 440 716 821
For the year ended 31 December 2009

Scope

I have audited the attached financial report comprising **Statement of Financial Position** as at 31 December 2009 and a **Statement of Financial Performance** for the year ended 31 December 2009 of Pedal Power ACT Incorporated (hereinafter referred to as Pedal Power). Pedal Power's Committee of Management is responsible for the financial report. I have conducted an independent audit of the financial report in order to express an opinion on it to its members.

The financial report has been prepared for distribution to members for the purpose of fulfilling the Committee of Management's financial reporting requirements under Part V of the *Associations Incorporation Act 1991* as amended.

My audit has been conducted in accordance with Australian *Auditing Standards and Auditing Guidance Statements* to provide reasonable assurance whether the financial report is free of material misstatement. My procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with accounting standards and other mandatory professional reporting requirements so as to present a view which is consistent with my understanding of Pedal Power's financial position, the results of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

Qualification

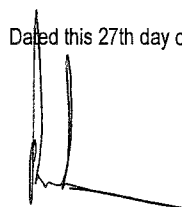
As is common for organisations of this type, it is not practicable for Pedal Power to maintain an effective system of internal control over income until their initial entry in the accounting records. Accordingly, my audit in relation to income was limited to amounts recorded.

Qualified Audit Opinion

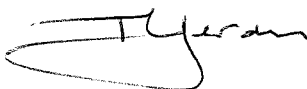
In my opinion, except for the effects of such adjustments, if any, as might have been determined to be necessary had limitation discussed in the qualification paragraph not existed, the attached financial report presents fairly, in accordance with applicable Accounting Standards and other mandatory professional reporting requirements the financial position of Pedal Power as at 31 December 2009 and the results of its operations and its cash flows for the year then ended.

In my opinion, the financial report has complied with Part V of the *Associations Incorporation Act 1991* as amended.

Dated this 27th day of January 2010.



Paul Clarkson
FNTAA



Ruth Jordan
PNA