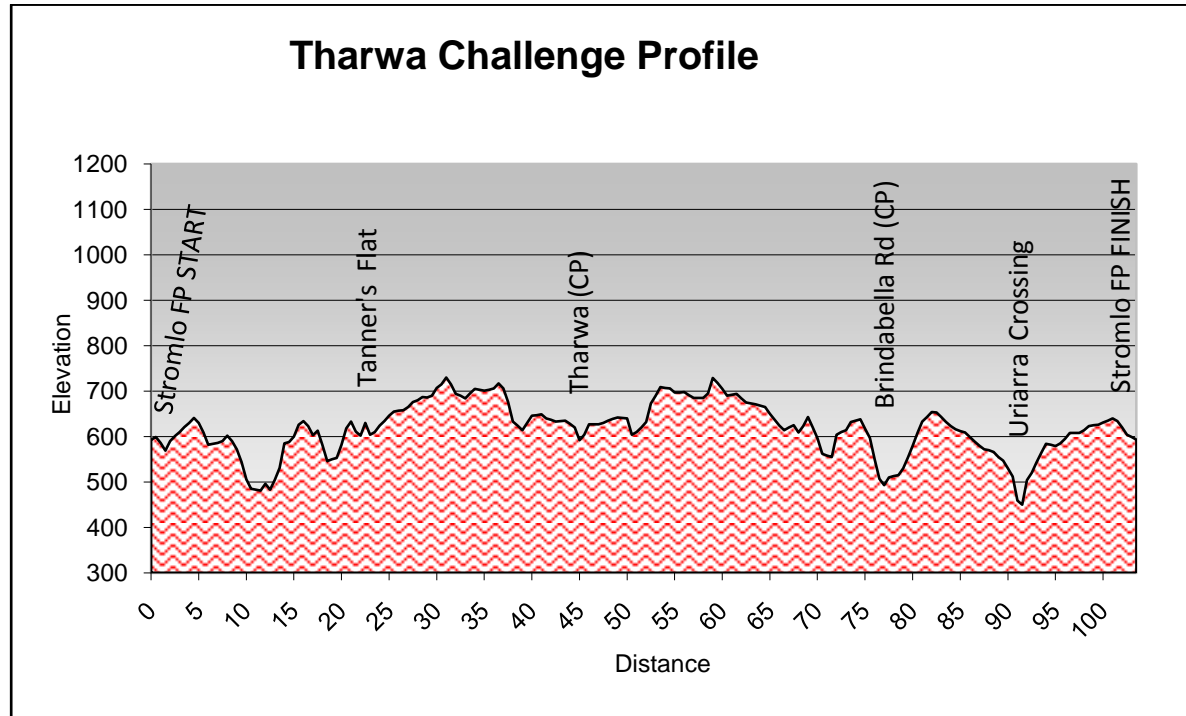


FITZ'S CHALLENGE 2007 RIDE DETAILS



Tharwa Challenge (105 km) - Stromlo FP to Tharwa and return via Brindabella Rd and Uriarra Crossing

	Leg	Distance	Cum. Distance (kms)	Comments
1	Stromlo FP – Tanner's Flat	24.5	24.5	Water & snacks available at Tanner's Flat. This leg includes a steep descent into the Cotter and a step climb out; and similarly, steep hills into and out of Murray's Corner
2	Tanners Flat - Tharwa	21.7	46	Tharwa is a turnaround and checkpoint – water & snacks available
3	Tharwa – Tanner's Flat	21.7	67.7	Retrace your path. water & snacks available at Tanner's Flat
4	Tanner's Flat – Brindabella Rd	11.7	79.4	This leg has steep hills into and out of Murray's Corner and a steep descent into the Cotter Reserve. It finishes with a Checkpoint at Brindabella Rd turn
5	Brindabella RD – Stromlo FP (finish)	26.1	105.5	After the Mt McDonald climb, turn right at Uriarra Rd, pass through Uriarra Crossing (taking care with the steep descent and right turn to the Crossing) and continue to the finish at Stromlo Forest Park.

