



PEDAL POWER ACT Inc.

“New Horizons for Women - 2008”

Tuesday 12th February to Saturday 5th / Sunday 6th April 2008

“New Horizons” is a Pedal Power Program specifically for women cyclists who want to learn more about cycling and improve their riding skills. The nine-week program consists of five indoor seminars that will include Body Care, Bike Maintenance and Nutrition as well as outdoor sessions comprising three “Ride Skills” sessions, four rides of increasing length and finishing with a weekend ride with an overnight stay.

The “Body Care” session is to be presented by a physiotherapist who is also a cyclist and the “Nutrition” session will be presented by a Dietician who is also a cyclist. The “Ride Skills” sessions are to be conducted by certified Cycling Instructors. The four rides will be lead by experienced cyclists and members of the “New Horizons” Presenter Team who have been involved with similar courses.

Participants will have to be members of **Pedal Power ACT Inc.**, which will provide insurance cover as well as many other benefits. **Pedal Power** membership is \$60.00 single or \$100.00 for a household.

The “New Horizons” course fee is **\$200.00** including GST – however this does not include accommodation costs for the weekend away ride. Should you have applied for the course but be unable to participate the course fee, less 10% administration charges, will be refunded if you advise the Pedal Power office **at least one full week prior** to the commencement of the course.

The course is limited to thirty (30) Participants – so it will be a case of “*First in First Served*”.

Pedal Power ACT Inc. Membership

Name(Please print).....
 Address.....Post Code.....
 Telephone (H).....(W).....
 Mobile.....E-mail.....
 Existing Pedal Power Member Yes/No Membership type Single/Household
 Membership Number..... Expiry date/.....
New Membership Application Membership type Single (\$60.00) Household (\$100.00)
 Name of MemberName of Co-Member.....
 Name & Birth dates of others.....

Household membership is either two adults or one or two adults and children under 18years of age residing at the same address

“New Horizons for Women 2008” 1/08 – Application

Name (Please print).....
 Name by which you would like to be known in class (optional)?.....
 Do you have any medical conditions that we should be aware of ? Yes/No
 If Yes – What is the nature of the condition?.....

Emergency Contact Details

Name.....Relationship.....
 Phone (H).....(W).....Mobile.....

Payment Details

Pedal Power Membership (see above)	\$.00	
“New Horizons” Course	\$	200.00	
Total Due	\$.00	Includes GST

Cash or Cheque made out to **Pedal Power ACT Inc.** or,

Credit Card (circle) Mastercard or Visa **Card Number** _____

NAME on CARD.....Expiry Date...../..... **Signature**.....