

Pedal Power ACT Inc. offers you:

Over 200 organised rides each year

An Award Winning Advocacy Team

24/7 Personal Accident Insurance

Six issues per year of the Pedal Power magazine

Bike Maintenance courses

A FREE copy of the *Cycle Canberra* book for the first 100 people to take up this offer

PLUS MORE!

There has never been a better time to be a bike rider! Canberra is an ideal city for bike riders of all levels, with many bike paths, lanes and cycle ways. Now there has never been a better time to become a Pedal Power member! The first 100 people to respond to this offer will receive a **FREE** copy of our fantastic ***Cycle Canberra*** book (RRP \$15.00). This 100 page book is the only publication describing bicycle rides in the ACT and the region. It documents in detail more than 60 routes for bike riders of all levels and interests to enjoy!

By joining Pedal Power you will receive this free gift but more importantly you will also benefit from Pedal Powers many other member services (details of which are below):

Pedal Power gives you the opportunity to participate in **OVER 200 ORGANISED RIDES** throughout the year and to receive discounted event registration fees.

Pedal Power rides include:

- The Big Canberra Bike Ride
- Fitz's Challenge - Canberra's biggest and best known long distance participation event

- Saturday & Sunday social rides – café destinations to enjoy sustenance and the company of fellow riders
- Sunday Wanderers – conducted on bitumen surfaced roads and aim to satisfy the ‘thirst’ for intermediate length rides for enjoyment, fitness and companionship
- Weekend away rides – Illawarra Escape, Anzac Day Pub Crawl, Braidwood Stroll, Spring Weekend at Bundanoon
- You can read more about our [rides on our website](#)

Pedal Power has an **AWARD WINNING ADVOCACY TEAM**. Your membership will help to support the advocacy team that supports you.

Some issues that the Advocacy team have recently focused on include:

- Budget Funding for cycling. **ACT 2009/10 BUDGET CONTAINS \$14 MILLION OVER FOUR YEARS FOR CYCLING**
- Cotter Road cycle lanes from Stromlo Forest Park to Adelaide Ave. – **UNDER CONSTRUCTION**
- Directional signage for cycle routes and paths – **FUNDED and DESIGN UNDERWAY**
- Airport cycle path – **COMPLETED**
- Jerrabomberra Wetlands Path, Kingston Foreshore and Causeway Path **FUNDED** – all part of making the complete ride around Lake Burley Griffin into the best half day cycle ride in Australia
- Safe crossing of Lake Burley Griffin bicycle path of Bowen Drive near the National Gallery **NATIONAL CAPITAL AUTHORITY NOW CONSIDERING**
- Safe crossing of Parkes Way, Russell
- Repairs and replacement of existing asphalt paths

Also included in Pedal Power membership is **24/7 INSURANCE COVER** when riding a bike if you:

- Are injured (Personal Accident Insurance)
- Injure someone else (Third Party Property and Public Liability Insurance)
- Damage someone else’s property

The question is “can you afford not to be insured”? For a comprehensive list of insurance benefits please [click here](#)

Your Pedal Power membership also entitles you to six issues a year of the **Pedal Power magazine - CANBERRA CYCLIST**. Previous issues have covered topics such as:

- Cyclo-touring –Cycling in Croatia, Ambling around the Adriatic, Confessions of a first-time tourer
- Best prevention against bike theft.
- Cycle Safety
- How much exercise do you really need to maintain long term weight loss
- Riding to work can be safer than you think
- Adjusting bar ends for better biking
- Got a flat? Get the correct tube valve and know how it works
- Product review: Wee Ride’s front mounted Child seat
- Every issue contains the Pedal Power rides & events calendar

As a member of Pedal Power you can access our range of **BIKE MAINTENANCE COURSES**.

We conduct bike maintenance courses as a members service at beginner, intermediate and advanced levels.

The beginners I and II courses are available for only \$25 and are exclusive to Pedal Power members only. For full details on all of our bike maintenance courses please [click here](#)

Not to mention, **Pedal Power members also** receive:

- a discount at all ACT Cycling Stores and Rebel Sports stores
- fortnightly e-bulletins to keep up to date with bike riding events and gossip!
- Informative and fun social nights held monthly
- An optional discounted subscription to Australian Cyclist of more than 30%

An annual membership to Pedal Power currently costs:

- \$60.00 for an individual
- \$100 for a household (Household Membership is defined as two adults (over 18 yrs) and any amount of children under 18yrs, or up to four adults (over 18 years) all residing at the same address)

[JOIN PEDAL POWER NOW – CLICK HERE](#) (Don’t forget to enter this code into the “comments” box to receive your free book – W06091)

Rest assured that you (and your family) are insured whilst on your bike and begin benefitting from Pedal Power's many member services. Simply [click here](#) to become a member today. Alternatively you can call our office on 02 6248 7995.

REMEMBER – to be eligible for your **FREE** copy of *Cycle Canberra* you need to be one of the first 100 people to respond to this offer and please mention this code (**W06091**)

I look forward to welcoming you as a new member.

Happy and safe riding,

Hilary Shelton

Pedal Power, Executive Officer

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