

Pedal Power Resuming Social Rides

Date: 13 October 2021

In accordance to [ACT's COVID-19 Pathway Forward Framework](#), Pedal Power can resume our social rides on a limited capacity from 15 October onwards. While we are all keen to re-start group riding within our social rides, please follow the [ACT Covid-19 Summary of Restrictions](#) at all times to ensure our riders, leaders and community remain safe.

As a peak community organisation, we also need to be setting an example to all bike riders by adhering to the restrictions in place.

What do the restrictions mean for Pedal Power Social Rides?

- No more than 25 people (including ride leader) are to ride together, or to congregate at the beginning or end of the ride. These limits are likely to further relax from 29 October onwards.
- Physical distancing is to be maintained throughout the social ride– from meeting point at the start to the end of the ride. During coffee breaks, please adhere to capacity limits in cafes and other venues. Please check in using app for contact tracing as appropriate.
- If the ride attracts more than the maximum limit of riders, the ride will be split into smaller groups. The ride groups can start at a different place, or at a different time. Please avoid taking routes that will cause the ride group to join up with other ride groups or riders – do not meet up at the same café for coffee breaks.
- Have a mask with you at all times. When riding, please carry the face mask with you. When not riding, please wear the face mask and ensure your nose and mouth is fully covered. If you are eating or drinking during the coffee break, please resume wearing the face mask once the food and/or drink is consumed.

Can the Social Rides cross borders to surrounding NSW?

- It is not yet allowed to cross borders to surrounding NSW. Under the current Public Health Direction in ACT, a person must not leave ACT to exercise. When this advice changes, we will update accordingly. In the meantime, please plan all ride routes within ACT.

Rider's Responsibilities

- If you are feeling unwell, stay home and DO NOT attend a ride. Please plan to get tested. If you are diagnosed with COVID-19 after attending a Pedal Power ride, please notify the office as soon as possible via office@pedalpower.org.au or 02 6248 7995.
- You must agree to Pedal Powers Terms and Conditions for Social Rides before going on the ride (this can be done digitally via Team App).
- Maintain good hand hygiene and social distancing habits. Avoid physical contact greetings.